



Apr 17, 2022

Civil Engineering Students controls the stress by organizing “Althea Day”

The Civil Engineering student club at the Abu Dhabi campus organized a fun event titled “Althea Day”, which means stress relief in Greek, under the supervision of Eng. Esraa Hijah, in the presence of the College of Engineering (CoE) academic staff, CoE admin staff and civil engineering students from both Al Ain and Abu Dhabi campuses.

The event consisted of two main parts, first there was a football match between the faculty members of the CoE Vs. the Civil Engineering students. The faculty members scored 7 and students ZERO.

Second part of the event was “Trivia Night”, where both professors and students gathered in Al Dhafra hall and were divided into teams and asked general questions, and played games.

The event aimed to strengthen the bond between the faculty and students and to reduce stress in order to achieve the best and most sustainable performance.

[Press Release Link](#)